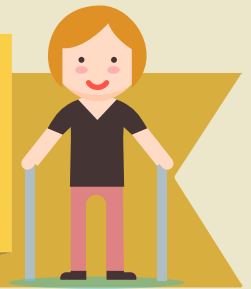


PEPA MOOC

Physiotherapy, Exercise and Physical Activity
Massive Open Online Course



This course was designed to help healthcare professionals understand the size of the problem of physical inactivity in populations globally, the role of physical inactivity in the causation of a number of conditions and the benefits of exercise in treatment and prevention, and to encourage those who access the course to perform and evaluate interventions to increase physical activity in their settings.

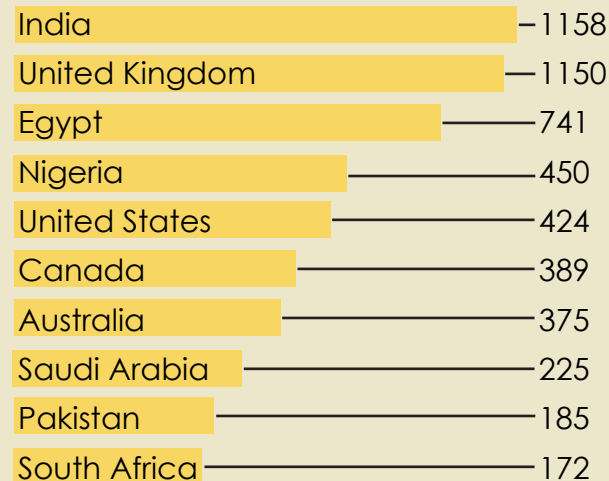
The PEPA MOOC was developed and delivered as a collaboration between Physiopedia and Exercise Works.

PARTICIPANTS



Its hard choosing the best part of this course. The course materials were so spot on and revealing for me. As a physical therapist clinician, there were a lot of things I even took for granted but this course has brought that to my attention.

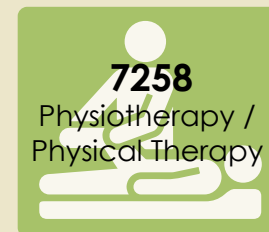
Top 10 Countries



- Total number of discussion posts **10799**
- Number of learning activities logged **58,682**

PROFESSIONS

85.56% were physiotherapists



Role - 59.06% were clinicians and 19.37% were students

Other-374 **Researcher-269** **Assistant-361**
Clinician-5010
Educator-603 **Student-1643**
Manager-222